

## Preparing for your upcoming SPMU appointment

### **IMPORTANT INFO:**

**Bank transfer** is the payment method of choice for the outstanding balance, due at your appointment. Due to limited space, kindly **avoid** bringing any children or extra company to your appointment. Kindly familiarize yourself with my 'Booking Terms' below.

### **FOR THE BEST RESULTS IT IS IMPORTANT YOU ADHERE TO THE FOLLOWING:**

#### **PREPARING FOR YOUR BROW APPOINTMENT:**

- If you have had your brows done before, please read this advice **BEFORE** booking an appointment <https://www.iabrows.com/faqs>
- **DO NOT CONSUME:** Alcohol, Tea, Caffeine, Painkillers, Blood thinners, Vitamin E and Fish oil on the day before and day of your appointment.
- During our consultation, I will ask to see some of your brow selfies if you have any so please be ready to share some with me :)
- Don't worry about shaping your brows before your appointment (threading/wax/pluck etc.) A minimum brow growth of 4 weeks is ideal.
- Be prepared! Aftercare advice is available to read on my website <https://www.iabrows.com/aftercare>

#### **PREPARING FOR YOUR LIP APPOINTMENT:**

- **DO NOT CONSUME:** Alcohol, Tea, Caffeine, Painkillers, Blood thinners, Vitamin E and Fish oil on the day before and day of your appointment.
- Keep your lips **MOISTURIZED AND EXFOLIATE** your lips in the days leading up to your appointment for maximum results.
- **IF YOU ARE PRONE TO COLD SORES** - This procedure can trigger a cold sore outbreak! To avoid this please take Aciclovor tablets or L-Lysine capsules daily 5 - 7 days prior to your appointment and continue taking them in the days following
- Your new lips will take **6 WEEKS TO HEAL**. Please do not expect final results before this timeframe
- Got an event coming up? Schedule your appointment after the event has passed or 2 weeks before!
- If you have dermal lip fillers please wait 3-4 weeks before undergoing a lip blush treatment.
- Be prepared! Aftercare advice is available on my website <https://www.iabrows.com/aftercare>

#### **BUY NOW PAY LATER WITH CLEARPAY**

You can now spread the cost of your semi-permanent beauty treatment with CLEARPAY - 4 payments every 2 weeks.

To use Clearpay, please check my availability first at [iabrows.as.me](http://iabrows.as.me) and make note of the appointment date/time that you wish to book then follow the appropriate links to pay

#### **Booking Terms:**

1. Deposits: A non-refundable deposit is required to secure an appointment slot.
2. Rescheduling: Your deposit is transferrable if a minimum of **24 hours notice** is given. Less than 24 hours' notice will forfeit your deposit.
3. Penalties: **ALL CANCELLATIONS/NO SHOWS** - Either of the following will unfortunately result in you losing any deposits paid.
4. Time keeping: All clients get a complimentary **20 minute** grace period in the event of lateness!  
**LATENESS OVER 20 MINUTES** (meaning you are not inside the studio) will automatically incur a £10 late fee  
My policies apply universally to everyone without exception.

Thank you.